

Colombia Mushroom Market Report and Forecast 2025-2034

Market Report | 2025-05-28 | 95 pages | EMR Inc.

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Report description:

The Colombia mushroom market is projected to grow at a CAGR of 7.70% between 2025 and 2034.

Colombia Mushroom Market Growth

The burgeoning popularity of mushrooms due to their low-calorie content and presence of vitamins, minerals, and antioxidants, the rise of vegan diets, and the growing role of mushrooms in sustainable agriculture are some of the influential drivers increasing the demand of Colombia mushroom market. Mushrooms are also becoming more prevalent in various culinary dishes in Colombia because of their distinct taste and texture, which has made them a favoured option for both professional chefs and amateur cooks in households.

Moreover, the medicinal properties of mushrooms are gaining attention, with traditional practices and modern research providing support. Lion's mane and cordyceps are among the varieties being studied widely for their potential health advantages such as improving cognitive function and boosting the immune system.

Mushrooms are also gaining prominence as functional foods because of their nutritional and health-enhancing qualities. As a result, there has been a growth in the variety of mushroom-based supplements and functional products such as teas, powders, and capsules, specifically among the health-conscious population.

Key Trends and Recent Developments

Adoption of vegan and vegetarian lifestyles, health advantages of mushrooms, increased usage of mushroom growing kits, and regenerative agriculture are factors accelerating the Colombia mushroom market value.

June 2024

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Colombian-born actress Maria Camila Giraldo launched a new line of functional mushroom gummies and capsules, Fungiments. Fungiments has customised each product to serve a different purpose. For instance, Super Bouncy, a product for energy and concentration, features cordyceps, ginseng and green tea extract, while Super Chill features reishi, ashwagandha and passionflower. Another product geared for gut health support - Super Prune - includes Turkey Tail.

November 2023

US-based South Mill Champs, a leading supplier of fresh and functional mushrooms across North America announced its acquisition of World Fresh Produce, a leading global fresh produce sourcing company. This move will enable South Mill Champs to access the latter's extensive network across nations such as Colombia, Chile, and Argentina to expand its market in South America for the first time.

June 2021

The Royal Botanic Gardens Kew collaborated with the Alexander von Humboldt Biological Resources Research Institute in Bogota, Colombia to set up an online resource for collecting information on Colombia's mushrooms and other kinds of fungi. The initiative seeks to not only track and protect the country's biodiversity but also investigate mushroom's potential uses - including the development of biofuel. The site is a part of the "Useful Plants and Fungi of Colombia" (UPFC) project, a scheme set up to encourage the sustainable use of biodiversity while protecting the surrounding natural resources. One of the studies under the project shows a mushroom species as a source of organic plant pesticides.

Increased Adoption of Vegan and Vegetarian Lifestyle Propelling Market Growth

The increasing adoption of vegan and vegetarian food habits due to growing concerns about health and well-being is a major factor increasing mushroom consumption in Colombia. According to the World Population Review, an independent organisation supplying updated data on global population and demographics, the total vegan population in Colombia stood at 2% whereas that of vegetarians stood at 4% during 2024. As the share increases in the future, the mushroom production is expected to witness profound growth.

Newly Discovered Health Advantages Increasing the Mushroom Demand Growth

The ongoing research and development on the health benefits of mushrooms has transformed it from a vegetarian alternative to a mainstream food ingredient. Mushrooms are a rich source of protein and can replace the fat-rich protein-based diets such as white and red meat. Further, its antioxidant properties allow the prevention of fatal diseases such as cancer. As more health benefits of mushrooms come to the forefront, its market will expectedly expand among the Colombian population.

Mushroom Growing Kits Enhancing Production of Mushrooms in Colombia

Several private players in the country have introduced and widely distributed mushroom-growing kits across the nation to enhance mushroom production. These kits help farmers, especially those who are beginners in this domain, get access to the essentials of the process along with relevant instructions. The grow kits are ready to use and are only required to be remoistened before being put in a bag to attain optimal temperature. The vital inclusions in the kit are Colombian Psilocybe bread, cold-resistant mushrooms, 1200 mL of fresh mycelium, and an enclosed bag which can provide an optimal temperature of 21-24°C for growth.

Regenerative Mushroom Agriculture Raising the Productivity Levels in Mushroom Farms

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Regenerative agriculture is gradually becoming a major trend in Colombia's mushroom farms. For instance, Booneslick Heritage, a Colombian startup in this domain is applying several regenerative techniques to improve soil fertility and recover soil health before the beginning of the next cultivation season. These include using organic waste generated during the cultivation process to turn into compost, applying natural and organic fertilizers to enhance soil quality, and minimising the use of synthetic additives to protect soil fertility. As the trend continues to grow, mushroom farms will witness an increase in productivity levels, thereby fuelling the rise of Colombia mushroom market revenue.

Colombia Mushroom Industry Segmentation

"Colombia Mushroom Market Report and Forecast 2025-2034" offers a detailed analysis of the market based on the following segments.

Market Breakup by Type

- Button
- Oyster
- Shiitake
- Others

Market Breakup by Form

- Fresh
- Frozen
- Dried
- Canned
- Others

Market Breakup by Distribution Channel

- Hypermarkets/Supermarkets
- Grocery Stores
- Online Channel
- Others

Colombia Mushroom Market Share

Based on distribution channels, the market is divided into hypermarkets/supermarkets, grocery stores, and online channels, among others. Hypermarkets/supermarkets will witness significant growth over the forecast period, growing at a CAGR of 8% due to the widespread accessibility and convenience they provide the shoppers by offering a wide variety of mushroom products all in one place. Additionally, consumers can conveniently purchase mushrooms alongside their other grocery items which has greatly contributed to the segment growth. Thus, grocery stores are expected to grow at a CAGR of 8.4% between 2025-2034.

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