

# **Staple Foods in Uganda**

Market Direction | 2025-02-19 | 44 pages | Euromonitor

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### **Report description:**

In 2024, staple foods in Uganda has witnessed growth due to the rising population and urbanisation. However, there is a continued focus on affordability. The majority low-income consumer group in the country looks for the lowest prices, and favours smaller pack sizes, with retailers thus offering compact references. Urban areas continue to see the highest demand, as many people in rural areas still consume traditional foods, make their own bread, and purchase fresh/unpackaged variants of staple...

Euromonitor International's Staple Foods in Uganda report offers in-depth knowledge of the market at a national level, providing local insight and understanding unavailable elsewhere. In addition to the latest retail sales data 2020-2024, it identifies the leading companies, brands and retail outlets, and assesses the key trends and demographic shifts behind consumer demand and sales growth. How key trends such as health and wellness, sustainability and recovery from the pandemic are shaping the market in <|Year|> directly informs our forecasts to 2029, clearly indicating how the market is expected to change.

Product coverage: Baked Goods, Breakfast Cereals, Processed Fruit and Vegetables, Processed Meat, Seafood and Alternatives to Meat, Rice, Pasta and Noodles.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

#### Why buy this report?

- \* Get a detailed picture of the Staple Foods market;
- \* Pinpoint growth sectors and identify factors driving change;
- \* Understand the competitive environment, the market's major players and leading brands;
- \* Use five-year forecasts to assess how the market is predicted to develop.

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