

Fresh Food in South Africa

Market Direction | 2025-01-10 | 69 pages | Euromonitor

AVAILABLE LICENSES:

- Single User Licence €1225.00
- Multiple User License (1 Site) €2450.00
- Multiple User License (Global) €3675.00

Report description:

Overall demand for fresh food in South Africa continues to rise in 2024, albeit slowly, with an increasing number of local consumers finding themselves in a better financial position compared to the previous year due to factors such as lower food inflation and decreased interest rates. The outcome of the South African national election, which saw the formation of the Government of National Unity (GNU), has also boosted the positive outlook. The new government aims to grow the local economy and a...

Euromonitor International's Fresh Food in South Africa report offers a comprehensive guide to the size and shape of the market at a national level. It provides the latest retail sales data in volume terms 2020-2024, allowing you to identify the sectors driving growth. It offers strategic analysis of key factors influencing the market - be they new product developments, consumption patterns and distribution data. Forecasts to 2029 illustrate how the market is set to change.

Product coverage: Eggs, Fish and Seafood, Fruits, Meat, Nuts, Pulses, Starchy Roots, Sugar and Sweeteners, Vegetables.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

- * Get a detailed picture of the Fresh Food market;
- * Pinpoint growth sectors and identify factors driving change;
- * Understand the competitive environment, the market's major players and leading brands;
- * Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop

Table of Contents:

Fresh Food in South Africa Euromonitor International January 2025

List Of Contents And Tables

FRESH FOOD IN SOUTH AFRICA

EXECUTIVE SUMMARY

Fresh food in 2024: The big picture

2024 key trends

Retailing developments

What next for fresh food?

MARKET DATA

Table 1 Total Sales of Fresh Food by Category: Total Volume 2019-2024

Table 2 Total Sales of Fresh Food by Category: % Total Volume Growth 2019-2024

Table 3 Retail Sales of Fresh Food by Category: Volume 2019-2024

Table 4 Retail Sales of Fresh Food by Category: % Volume Growth 2019-2024

Table 5 Retail Sales of Fresh Food by Category: Value 2019-2024

Table 6 Retail Sales of Fresh Food by Category: % Value Growth 2019-2024

Table 7 Retail Sales of Fresh Food by Packaged vs Unpackaged: % Volume 2019-2024

Table 8 Retail Distribution of Fresh Food by Format: % Volume 2019-2024

Table 9 Forecast Total Sales of Fresh Food by Category: Total Volume 2024-2029

Table 10 ∏Forecast Total Sales of Fresh Food by Category: % Total Volume Growth 2024-2029

Table 11 ☐Forecast Retail Sales of Fresh Food by Category: Volume 2024-2029

Table 12 [Forecast Retail Sales of Fresh Food by Category: % Volume Growth 2024-2029

Table 13 [Forecast Retail Sales of Fresh Food by Category: Value 2024-2029

Table 14 ☐Forecast Retail Sales of Fresh Food by Category: % Value Growth 2024-2029

DISCLAIMER

SOURCES

Summary 1 Research Sources

MEAT IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Consumer demand remains low despite meat prices stabilising

Rainbow Chicken unbundled from RCL Foods despite industry challenges

PROSPECTS AND OPPORTUNITIES

Poultry prices expected to stabilise after recent fluctuations

Plan to launch shelf stable chicken could increase competition for fresh options

Summary 2 Major Processors of Meat 2024

CATEGORY DATA

Table 15 Total Sales of Meat by Category: Total Volume 2019-2024

Table 16 Total Sales of Meat by Category: % Total Volume Growth 2019-2024

Table 17 Retail Sales of Meat by Category: Volume 2019-2024

Scotts International, EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Table 18 Retail Sales of Meat by Category: % Volume Growth 2019-2024

Table 19 Retail Sales of Meat by Category: Value 2019-2024

Table 20 Retail Sales of Meat by Category: % Value Growth 2019-2024

Table 21 Retail Sales of Meat by Packaged vs Unpackaged: % Volume 2019-2024

Table 22 Forecast Sales of Meat by Category: Total Volume 2024-2029

Table 23 Forecast Sales of Meat by Category: % Total Volume Growth 2024-2029

Table 24 [Forecast Retail Sales of Meat by Category: Volume 2024-2029

Table 25 [Forecast Retail Sales of Meat by Category: % Volume Growth 2024-2029

Table 26 ☐Forecast Retail Sales of Meat by Category: Value 2024-2029

Table 27 [Forecast Retail Sales of Meat by Category: % Value Growth 2024-2029

FISH AND SEAFOOD IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Price increases for fish and seafood force consumers to purchase more affordable shelf stable options

Sustainability factor increasingly influences choice of fish and seafood

PROSPECTS AND OPPORTUNITIES

Growth potential for fish and seafood by meeting health and sustainability criteria

Aquaculture could play a greater role in increasing seafood consumption

Summary 3 Major Processors of Fish and Seafood 2024

CATEGORY DATA

Table 28 Total Sales of Fish and Seafood by Category: Total Volume 2019-2024

Table 29 Total Sales of Fish and Seafood by Category: % Total Volume Growth 2019-2024

Table 30 Retail Sales of Fish and Seafood by Category: Volume 2019-2024

Table 31 Retail Sales of Fish and Seafood by Category: % Volume Growth 2019-2024

Table 32 Retail Sales of Fish and Seafood by Category: Value 2019-2024

Table 33 Retail Sales of Fish and Seafood by Category: % Value Growth 2019-2024

Table 34 Retail Sales of Fish and Seafood by Packaged vs Unpackaged: % Volume 2019-2024

Table 35 Forecast Total Sales of Fish and Seafood by Category: Total Volume 2024-2029

Table 36 Forecast Total Sales of Fish and Seafood by Category: % Total Volume Growth 2024-2029

Table 37 [Forecast Retail Sales of Fish and Seafood by Category: Volume 2024-2029

Table 38 [Forecast Retail Sales of Fish and Seafood by Category: % Volume Growth 2024-2029

Table 39 ∏Forecast Retail Sales of Fish and Seafood by Category: Value 2024-2029

Table 40 [Forecast Retail Sales of Fish and Seafood by Category: % Value Growth 2024-2029

PULSES IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Growing flexitarian trend drives dynamic growth of other pulses

Affordable private label options continue to attract price-sensitive consumers to pulses

PROSPECTS AND OPPORTUNITIES

Plant-based trend creates further opportunity for other pulses

Pulses such as beans are important crops for rotation

Summary 4 Major Processors of Pulses 2024

CATEGORY DATA

Table 41 Total Sales of Pulses by Category: Total Volume 2019-2024

Table 42 Total Sales of Pulses by Category: % Total Volume Growth 2019-2024

Table 43 Retail Sales of Pulses by Category: Volume 2019-2024

Table 44 Retail Sales of Pulses by Category: % Volume Growth 2019-2024

Scotts International, EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Table 45 Retail Sales of Pulses by Category: Value 2019-2024

Table 46 Retail Sales of Pulses by Category: % Value Growth 2019-2024

Table 47 Retail Sales of Pulses by Packaged vs Unpackaged: % Volume 2019-2024

Table 48 Forecast Total Sales of Pulses by Category: Total Volume 2024-2029

Table 49 Forecast Total Sales of Pulses by Category: % Total Volume Growth 2024-2029

Table 50 [Forecast Retail Sales of Pulses by Category: Volume 2024-2029

Table 51 [Forecast Retail Sales of Pulses by Category: % Volume Growth 2024-2029

Table 52 [Forecast Retail Sales of Pulses by Category: Value 2024-2029

Table 53 [Forecast Retail Sales of Pulses by Category: % Value Growth 2024-2029

VEGETABLES IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Vegetables continue to benefit from home cooking

Improving weather conditions and reduced power outages lead to slower pace of price increases for vegetables

PROSPECTS AND OPPORTUNITIES

Sustainability to become greater focus area over the forecast period

Processed vegetables provide competition due to convenience trend

Summary 5 Major Processors of Vegetables 2024

CATEGORY DATA

Table 54 Total Sales of Vegetables by Category: Total Volume 2019-2024

Table 55 Total Sales of Vegetables by Category: % Total Volume Growth 2019-2024

Table 56 Retail Sales of Vegetables by Category: Volume 2019-2024

Table 57 Retail Sales of Vegetables by Category: % Volume Growth 2019-2024

Table 58 Retail Sales of Vegetables by Category: Value 2019-2024

Table 59 Retail Sales of Vegetables by Category: % Value Growth 2019-2024

Table 60 Retail Sales of Vegetables by Packaged vs Unpackaged: % Volume 2019-2024

Table 61 Forecast Total Sales of Vegetables by Category: Total Volume 2024-2029

Table 62 Forecast Total Sales of Vegetables by Category: % Total Volume Growth 2024-2029

Table 63 [Forecast Retail Sales of Vegetables by Category: Volume 2024-2029

Table 64 ∏Forecast Retail Sales of Vegetables by Category: % Volume Growth 2024-2029

Table 65 ☐Forecast Retail Sales of Vegetables by Category: Value 2024-2029

Table 66 ∏Forecast Retail Sales of Vegetables by Category: % Value Growth 2024-2029

STARCHY ROOTS IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Home cooking continues to drive demand for starchy roots

High yields and diverse planting of potatoes slow down price increases in South Africa

PROSPECTS AND OPPORTUNITIES

Sweet potatoes can potentially combat malnutrition in South Africa

Sustainability to become greater area of focus over the forecast period

Summary 6 Major Processors of Starchy Roots 2024

CATEGORY DATA

Table 67 Total Sales of Starchy Roots by Category: Total Volume 2019-2024

Table 68 Total Sales of Starchy Roots by Category: % Total Volume Growth 2019-2024

Table 69 Retail Sales of Starchy Roots by Category: Volume 2019-2024

Table 70 Retail Sales of Starchy Roots by Category: % Volume Growth 2019-2024

Table 71 Retail Sales of Starchy Roots by Category: Value 2019-2024

Scotts International, EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Table 72 Retail Sales of Starchy Roots by Category: % Value Growth 2019-2024

Table 73 Retail Sales of Starchy Roots by Packaged vs Unpackaged: % Volume 2019-2024

Table 74 Forecast Total Sales of Starchy Roots by Category: Total Volume 2024-2029

Table 75 Forecast Total Sales of Starchy Roots by Category: % Total Volume Growth 2024-2029

Table 76 ☐Forecast Retail Sales of Starchy Roots by Category: Volume 2024-2029

Table 77 [Forecast Retail Sales of Starchy Roots by Category: % Volume Growth 2024-2029

Table 78 | Forecast Retail Sales of Starchy Roots by Category: Value 2024-2029

Table 79 [Forecast Retail Sales of Starchy Roots by Category: % Value Growth 2024-2029

FRUITS IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Mixed performance for fruits during the year

Frooties launched by Shoprite Checkers, offering child-friendly fruit snacks

PROSPECTS AND OPPORTUNITIES

Affordability remains a key priority for fresh fruit sales

Optimistic outlook as consumers incorporate higher fruit content into their diets

Summary 7 Major Processors of Fruits 2024

CATEGORY DATA

Table 80 Total Sales of Fruits by Category: Total Volume 2019-2024

Table 81 Total Sales of Fruits by Category: % Total Volume Growth 2019-2024

Table 82 Retail Sales of Fruits by Category: Volume 2019-2024

Table 83 Retail Sales of Fruits by Category: % Volume Growth 2019-2024

Table 84 Retail Sales of Fruits by Category: Value 2019-2024

Table 85 Retail Sales of Fruits by Category: % Value Growth 2019-2024

Table 86 Retail Sales of Fruits by Packaged vs Unpackaged: % Volume 2019-2024

Table 87 Forecast Total Sales of Fruits by Category: Total Volume 2024-2029

Table 88 Forecast Total Sales of Fruits by Category: % Total Volume Growth 2024-2029

Table 89 ☐Forecast Retail Sales of Fruits by Category: Volume 2024-2029

Table 90 [Forecast Retail Sales of Fruits by Category: % Volume Growth 2024-2029

Table 91
☐Forecast Retail Sales of Fruits by Category: Value 2024-2029

Table 92 Forecast Retail Sales of Fruits by Category: % Value Growth 2024-2029

NUTS IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Oversupply of nuts encourages players to expand into packaged food

Competition from processed nuts as consumers seek convenience

PROSPECTS AND OPPORTUNITIES

Growing global health trend offers opportunity for nuts

Increased local production has potential to provide more affordable nuts

Summary 8 Major Processors of Nuts 2024

CATEGORY DATA

Table 93 Total Sales of Nuts by Category: Total Volume 2019-2024

Table 94 Total Sales of Nuts by Category: % Total Volume Growth 2019-2024

Table 95 Retail Sales of Nuts by Category: Volume 2019-2024

Table 96 Retail Sales of Nuts by Category: % Volume Growth 2019-2024

Table 97 Retail Sales of Nuts by Category: Value 2019-2024

Table 98 Retail Sales of Nuts by Category: % Value Growth 2019-2024

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Table 99 Retail Sales of Nuts by Packaged vs Unpackaged: % Volume 2019-2024

Table 100 Forecast Total Sales of Nuts by Category: Total Volume 2024-2029

Table 101 Forecast Total Sales of Nuts by Category: % Total Volume Growth 2024-2029

Table 102 ☐Forecast Retail Sales of Nuts by Category: Volume 2024-2029

Table 103 [Forecast Retail Sales of Nuts by Category: % Volume Growth 2024-2029

Table 104
☐Forecast Retail Sales of Nuts by Category: Value 2024-2029

Table 105 ☐Forecast Retail Sales of Nuts by Category: % Value Growth 2024-2029

EGGS IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Egg prices continue to soar amid bird flu outbreak

Despite rise of home-based businesses, price increases dampen consumption

PROSPECTS AND OPPORTUNITIES

Growth opportunity if egg prices stabilise

Largest producer acquires new breed to improve efficiencies and reduce risks in egg production

Summary 9 Major Processors of Eggs 2024

CATEGORY DATA

Table 106 Total Sales of Eggs: Total Volume 2019-2024

Table 107 Total Sales of Eggs: % Total Volume Growth 2019-2024

Table 108 Retail Sales of Eggs: Volume 2019-2024

Table 109 Retail Sales of Eggs: % Volume Growth 2019-2024

Table 110 Retail Sales of Eggs: Value 2019-2024

Table 111 Retail Sales of Eggs: % Value Growth 2019-2024

Table 112 Retail Sales of Eggs by Packaged vs Unpackaged: % Volume 2019-2024

Table 113 Forecast Total Sales of Eggs: Total Volume 2024-2029

Table 114 Forecast Total Sales of Eggs: % Total Volume Growth 2024-2029

Table 115 ☐Forecast Retail Sales of Eggs: Volume 2024-2029

Table 116 ☐Forecast Retail Sales of Eggs: % Volume Growth 2024-2029

Table 117 [Forecast Retail Sales of Eggs: Value 2024-2029

Table 118 ∏Forecast Retail Sales of Eggs: % Value Growth 2024-2029

SUGAR AND SWEETENERS IN SOUTH AFRICA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Sugar producers continue to face challenges in South Africa

Health promotion levy remains a threat to local industry

PROSPECTS AND OPPORTUNITIES

Sugar producers will continue to feel the threat of global health trend

Sustainability to become greater area of focus over the forecast period

Summary 10 Major Processors of Sugar and Sweeteners 2024

CATEGORY DATA

Table 119 Total Sales of Sugar and Sweeteners: Total Volume 2019-2024

Table 120 Total Sales of Sugar and Sweeteners: % Total Volume Growth 2019-2024

Table 121 Retail Sales of Sugar and Sweeteners: Volume 2019-2024

Table 122 Retail Sales of Sugar and Sweeteners: % Volume Growth 2019-2024

Table 123 Retail Sales of Sugar and Sweeteners: Value 2019-2024

Table 124 Retail Sales of Sugar and Sweeteners: % Value Growth 2019-2024

Table 125 Retail Sales of Sugar and Sweeteners by Packaged vs Unpackaged: % Volume 2019-2024

Scotts International, EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Table 126 Forecast Total Sales of Sugar and Sweeteners: Total Volume 2024-2029

Table 127 Forecast Total Sales of Sugar and Sweeteners: % Total Volume Growth 2024-2029

Table 128 [Forecast Retail Sales of Sugar and Sweeteners: Volume 2024-2029

Table 129 [Forecast Retail Sales of Sugar and Sweeteners: % Volume Growth 2024-2029

Table 130 [Forecast Retail Sales of Sugar and Sweeteners: Value 2024-2029

Table 131 | Forecast Retail Sales of Sugar and Sweeteners: % Value Growth 2024-2029

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com



☐ - Print this form

To place an Order with Scotts International:

☐ - Complete the relevant blank fields and sign

Fresh Food in South Africa

Market Direction | 2025-01-10 | 69 pages | Euromonitor

Select license	License			Price
	Single User Licence			€1225.00
	Multiple User License (1 Site)			€2450.00
	Multiple User License (Global)			€3675.00
				VAT
				Total
	at 23% for Polish based companies,		gscotts-international.com or 0048 companies who are unable to prov	
Email*	at 23% for Polish based companies,	Phone*		
]** VAT will be added Email* First Name* ob title*	at 23% for Polish based companies,			
Email* First Name* ob title*	at 23% for Polish based companies,	Phone*	companies who are unable to prov	
Email* First Name*	at 23% for Polish based companies,	Phone* Last Name*	companies who are unable to prov	
Email* First Name* ob title* Company Name* Address*	at 23% for Polish based companies,	Phone* Last Name* EU Vat / Tax ID	companies who are unable to prov	
Email* First Name* ob title* Company Name*	at 23% for Polish based companies,	Phone* Last Name* EU Vat / Tax ID City*	companies who are unable to prov	

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com