

# **Cooking Ingredients and Meals in Uganda**

Market Direction | 2025-01-30 | 36 pages | Euromonitor

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# Report description:

Cooking ingredients and meals in Uganda performed well in 2024, supported by urbanisation, population growth, improving economic conditions and wider distribution. Rising prices shaped demand, as consumers prioritised lower-priced, including unpackaged, options. Meanwhile, the government continued to invest in local production, especially in edible oils, to offer more affordable options to local consumers. However, many product types remained expensive and lacked wide awareness or availability.

Euromonitor International's Cooking Ingredients and Meals in Uganda report offers in-depth knowledge of the market at a national level, providing local insight and understanding unavailable elsewhere. In addition to the latest retail sales data 2020-2024, it identifies the leading companies, brands and retail outlets, and assesses the key trends and demographic shifts behind consumer demand and sales growth. How key trends such as health and wellness, sustainability and recovery from the pandemic are shaping the market in <|Year|> directly informs our forecasts to 2029, clearly indicating how the market is expected to change.

Product coverage: Edible Oils, Meals and Soups, Sauces, Dips and Condiments, Sweet Spreads.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

- \* Get a detailed picture of the Cooking Ingredients and Meals market;
- \* Pinpoint growth sectors and identify factors driving change;
- \* Understand the competitive environment, the market's major players and leading brands;
- \* Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop

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