

## Weight Management and Wellbeing in Latvia

Market Direction | 2024-10-09 | 20 pages | Euromonitor

#### **AVAILABLE LICENSES:**

- Single User Licence €995.00
- Multiple User License (1 Site) €1990.00
- Multiple User License (Global) €2985.00

### Report description:

Weight management and wellbeing in Latvia is feeling the heat from the booming sports nutrition category, which many consumers see as a more effective way to meet their fitness and weight goals. Products like protein powders and meal replacement from brands like MyProtein and Optimum Nutrition are becoming go-to choices for those looking to both manage their weight and enhance their athletic performance. This shift is reshaping the competitive landscape and making it harder for traditional weigh...

Euromonitor International's Weight Management and Wellbeing in Latvia report offers a comprehensive guide to the size and shape of the market at a national level. It provides the latest retail sales data 2019-2023, allowing you to identify the sectors driving growth. Forecasts to 2028 illustrate how the market is set to change.

Product coverage: Meal Replacement, OTC Obesity, Slimming Teas, Supplement Nutrition Drinks, Weight Loss Supplements.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

#### Why buy this report?

- \* Get a detailed picture of the Weight Management and Wellbeing market;
- \* Pinpoint growth sectors and identify factors driving change;
- \* Understand the competitive environment, the market's major players and leading brands;
- \* Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

#### **Table of Contents:**

Weight Management and Wellbeing in Latvia Euromonitor International October 2024

List Of Contents And Tables

WEIGHT MANAGEMENT AND WELLBEING IN LATVIA

**KEY DATA FINDINGS** 

2024 DEVELOPMENTS

Increased competition from sports nutrition compromises growth

Slimming teas remain popular for weight control

Distribution limitations hold back category performance

PROSPECTS AND OPPORTUNITIES

Tough competition will limit growth and place onus on innovation

Scope to expand online and direct sales and offer weight management bundles

Leveraging natural ingredients provides growth opportunities

**CATEGORY DATA** 

Table 1 Sales of Weight Management and Wellbeing by Category: Value 2019-2024

Table 2 Sales of Weight Management and Wellbeing by Category: % Value Growth 2019-2024

Table 3 NBO Company Shares of Weight Management and Wellbeing: % Value 2020-2024

Table 4 LBN Brand Shares of Weight Management and Wellbeing: % Value 2021-2024

Table 5 Forecast Sales of Weight Management and Wellbeing by Category: Value 2024-2029

Table 6 Forecast Sales of Weight Management and Wellbeing by Category: % Value Growth 2024-2029

CONSUMER HEALTH IN LATVIA

**EXECUTIVE SUMMARY** 

Consumer health in 2024: The big picture

2024 key trends

Competitive landscape

Retailing developments

What next for consumer health?

MARKET INDICATORS

Table 7 Consumer Expenditure on Health Goods and Medical Services: Value 2019-2024

Table 8 Life Expectancy at Birth 2019-2024

MARKET DATA

Table 9 Sales of Consumer Health by Category: Value 2019-2024

Table 10 Sales of Consumer Health by Category: % Value Growth 2019-2024

Table 11 NBO Company Shares of Consumer Health: % Value 2020-2024

Table 12 LBN Brand Shares of Consumer Health: % Value 2021-2024

Table 13 Penetration of Private Label by Category: % Value 2019-2024

Table 14 Distribution of Consumer Health by Format: % Value 2019-2024

Table 15 Distribution of Consumer Health by Format and Category: % Value 2024

Table 16 [Forecast Sales of Consumer Health by Category: Value 2024-2029

Table 17 [Forecast Sales of Consumer Health by Category: % Value Growth 2024-2029

**APPENDIX** 

OTC registration and classification

Vitamins and dietary supplements registration and classification

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Self-medication/self-care and preventive medicine Switches DISCLAIMER DEFINITIONS SOURCES Summary 1 Research Sources

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com



☐ - Print this form

To place an Order with Scotts International:

Complete the relevant blank fields and sign

# Weight Management and Wellbeing in Latvia

Market Direction | 2024-10-09 | 20 pages | Euromonitor

Select license	License				Price
	Single User Licence			€995.00	
	Multiple User License (1 Site)			€1990.00	
	Multiple User License (Global)				€2985.00
				VAT	
				Total	
Email*		Phone*			
		Phone*  Last Name*			
First Name*					
First Name* ob title*			/ NIP number*		
First Name* ob title* Company Name*		Last Name*	/ NIP number*		
First Name*  ob title*  Company Name*  Address*		Last Name*  EU Vat / Tax ID /	/ NIP number*		
Email* First Name* Job title* Company Name* Address* Zip Code*		Last Name*  EU Vat / Tax ID /  City*	/ NIP number* [		

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com