

Sports Nutrition in Kenya

Market Direction | 2024-10-10 | 21 pages | Euromonitor

AVAILABLE LICENSES:

- Single User Licence €995.00
- Multiple User License (1 Site) €1990.00
- Multiple User License (Global) €2985.00

Report description:

In Kenya, sports nutrition is rapidly advancing and enjoyed robust current value growth, albeit from a low base. This momentum is driven by the rising health and wellness trend, with individuals increasingly acknowledging the importance of a healthy lifestyle and physical fitness. In 2024, women are taking a greater interest in fitness, health, and nutrition and looking for products to support balanced diets and active lifestyles. The rise of fitness influencers and social media campaigns target...

Euromonitor International's Sports Nutrition in Kenya report offers a comprehensive guide to the size and shape of the market at a national level. It provides the latest retail sales data 2019-2023, allowing you to identify the sectors driving growth. Forecasts to 2028 illustrate how the market is set to change.

Product coverage: Sports Non-Protein Products, Sports Protein Products.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

- * Get a detailed picture of the Sports Nutrition market;
- * Pinpoint growth sectors and identify factors driving change;
- * Understand the competitive environment, the market's major players and leading brands;
- * Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

Table of Contents:

Scotts International. EU Vat number: PL 6772247784 tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com

Sports Nutrition in Kenya Euromonitor International October 2024

List Of Contents And Tables

SPORTS NUTRITION IN KENYA

KEY DATA FINDINGS

2024 DEVELOPMENTS

Growing demand among women expands interest in sports nutrition products

Growing fitness culture in Kenya spurs demand for sports nutrition

Limited retail distribution stifles growth potential

PROSPECTS AND OPPORTUNITIES

Non-protein products are losing ground to protein-based alternatives

Health and fitness trends boost demand for sports nutrition products in Kenya

Price sensitivity is a limitation to growth

CATEGORY DATA

Table 1 Sales of Sports Nutrition by Category: Value 2019-2024

Table 2 Sales of Sports Nutrition by Category: % Value Growth 2019-2024

Table 3 NBO Company Shares of Sports Nutrition: % Value 2020-2024

Table 4 LBN Brand Shares of Sports Nutrition: % Value 2021-2024

Table 5 Forecast Sales of Sports Nutrition by Category: Value 2024-2029

Table 6 Forecast Sales of Sports Nutrition by Category: % Value Growth 2024-2029

CONSUMER HEALTH IN KENYA

EXECUTIVE SUMMARY

Consumer health in 2024: The big picture

2024 key trends

Competitive landscape

Retailing developments

What next for consumer health?

MARKET INDICATORS

Table 7 Consumer Expenditure on Health Goods and Medical Services: Value 2019-2024

Table 8 Life Expectancy at Birth 2019-2024

MARKET DATA

Table 9 Sales of Consumer Health by Category: Value 2019-2024

Table 10 Sales of Consumer Health by Category: % Value Growth 2019-2024

Table 11 NBO Company Shares of Consumer Health: % Value 2020-2024

Table 12 LBN Brand Shares of Consumer Health: % Value 2021-2024

Table 13 Penetration of Private Label by Category: % Value 2019-2024

Table 14 Distribution of Consumer Health by Format: % Value 2019-2024

Table 15 Distribution of Consumer Health by Format and Category: % Value 2024

Table 16 [Forecast Sales of Consumer Health by Category: Value 2024-2029

Table 17 [Forecast Sales of Consumer Health by Category: % Value Growth 2024-2029

APPENDIX

OTC registration and classification

Vitamins and dietary supplements registration and classification

Self-medication/self-care and preventive medicine

Scotts International, EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Switches
DISCLAIMER
DEFINITIONS
SOURCES
Summary 1 Research Sources

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com



☐ - Print this form

To place an Order with Scotts International:

Sports Nutrition in Kenya

Market Direction | 2024-10-10 | 21 pages | Euromonitor

Complete the re	levant blank fields and sign			
Send as a scann	ed email to support@scotts-internat	ional.com		
ORDER FORM:				
Select license	License		Price	
	Single User Licence			€995.00
	Multiple User License (1 Site)			€1990.00
	Multiple User License (Global)			€2985.00
			VAT	
			Total	
Email*		Phone*		
First Name*		Last Name*		
Job title*				
Company Name*		EU Vat / Tax ID / NIP number*		
Address*		City*		
Zip Code*		Country*		
		Date	2025-05-12	
		Signature		

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com