

## **Weight Management and Wellbeing in Bulgaria**

Market Direction | 2024-09-23 | 21 pages | Euromonitor

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### **Report description:**

Cultural factors, such as the traditional Bulgarian cuisine, which is very heavy in carbohydrates and saturated fats, alongside the societal expectations for a slim figure, are key drivers of weight management products. The increasing number of people leading a sedentary lifestyle and looking for quick and easy weight loss solutions is driving demand, especially among women. As there is a constant pressure to maintain a certain physique, especially on adolescents and young adults, weight managem...

Euromonitor International's Weight Management and Wellbeing in Bulgaria report offers a comprehensive guide to the size and shape of the market at a national level. It provides the latest retail sales data 2019-2023, allowing you to identify the sectors driving growth. Forecasts to 2028 illustrate how the market is set to change.

Product coverage: Meal Replacement, OTC Obesity, Slimming Teas, Supplement Nutrition Drinks, Weight Loss Supplements.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

- \* Get a detailed picture of the Weight Management and Wellbeing market;
- \* Pinpoint growth sectors and identify factors driving change;
- \* Understand the competitive environment, the market's major players and leading brands;
- \* Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

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