

# Health and Wellness in Saudi Arabia

Market Direction | 2024-08-08 | 68 pages | Euromonitor

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# Report description:

The health and wellness industry continues to gain greater significance overall, particularly in the wake of the pandemic, as consumers have become more cognisant of the negative impact of processed food and a range of drinks on their health and wellbeing. The virus disproportionately affected those with underlying health conditions, such as obesity and diabetes, making people more conscious of the need to take care of their health and boost their overall immunity. As a result, people are increa...

Euromonitor International's Health and Wellness in Saudi Arabia report tracks the developments of health-associated product types and the healthy-option positioning of competing brands across different food sectors. It provides the latest retail sales data 2019-2023, allowing you to compare health and wellness categories with each other or in the context of the total market for a sector. It identifies the leading companies, the leading brands and offers strategic analysis of key factors influencing the market-be they new product developments, legislative context or lifestyle influences. Forecasts to 2028 illustrate how the market is set to change.

Product coverage: HW Cooking Ingredients and Meals, HW Dairy Products and Alternatives, HW Hot Drinks, HW Snacks, HW Soft Drinks, HW Staple Foods.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

#### Why buy this report?

- \* Get a detailed picture of the Health and Wellness market;
- \* Pinpoint growth sectors and identify factors driving change;
- \* Understand the competitive environment, the market's major players and leading brands;
- \* Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney,

Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

#### **Table of Contents:**

Health and Wellness in Saudi Arabia Euromonitor International August 2024

List Of Contents And Tables

HEALTH AND WELLNESS IN SAUDI ARABIA

**EXECUTIVE SUMMARY** 

Health and wellness in focus

Consumer weight trends

Consumer diet trends

Health-related deaths

Blood pressure and cholesterol levels

Diabetes prevalence

**DISCLAIMER** 

HW HOT DRINKS IN SAUDI ARABIA

**KEY DATA FINDINGS** 

2023 DEVELOPMENTS

The natural claim drives the strongest sales despite a decline in value growth

Consumers reduce caffeine levels, leading no caffeine claims to record growth

Double-digit growth for no sugar tea as obesity and health concerns rise

PROSPECTS AND OPPORTUNITIES

Growth for the natural claim recovers as concerns surrounding artificial ingredients increase

Vegan and plant-based alternatives are in high demand as these dietary requirements rise

No allergens gain ground as consumers become more cautious about their choices

CATEGORY DATA

Table 1 Sales of Hot Drinks by Health and Wellness Type: Value 2019-2023

Table 2 Sales of Hot Drinks by Health and Wellness Type: % Value Growth 2019-2023

Table 3 Company Shares of Organic Hot Drinks (Biggest HW Type in Global Hot Drinks): % Value 2019-2023

Table 4 Company Shares of Natural Hot Drinks (2nd Biggest HW Type in Global Hot Drinks): % Value 2019-2023

Table 5 Company Shares of Gluten Free Hot Drinks (3rd Biggest HW Type in Global Hot Drinks): % Value 2019-2023

Table 6 Company Shares of Good Source of Vitamins Hot Drinks (4th Biggest HW Type in Global Hot Drinks): % Value 2019-2023

Table 7 Company Shares of No Allergens Hot Drinks (5th Biggest HW Type in Global Hot Drinks): % Value 2019-2023

Table 8 Forecast Sales of Hot Drinks by Health and Wellness Type: Value 2023-2028

Table 9 Forecast Sales of Hot Drinks by Health and Wellness Type: % Value Growth 2023-2028

HW SOFT DRINKS IN SAUDI ARABIA

**KEY DATA FINDINGS** 

2023 DEVELOPMENTS

Natural soft drinks record double-digit growth as consumers avoid artificial ingredients

A rising emphasis on health and sports leads to high sales of energy boosting soft drinks

Good source of antioxidants records growth, boosted by juice brands

PROSPECTS AND OPPORTUNITIES

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No sugar continues to gain ground as obesity concerns rise in Saudi Arabia

Immune support claim set to gain ground, benefiting overall health and wellness

Plant-based soft drinks record strong growth over the forecast period, aligned with changing habits

#### **CATEGORY DATA**

Table 10 Sales of Soft Drinks by Health and Wellness Type: Value 2019-2023

Table 11 Sales of Soft Drinks by Health and Wellness Type: % Value Growth 2019-2023

Table 12 Company Shares of No Sugar Soft Drinks (Biggest HW Type in Global Soft Drinks): % Value 2019-2023

Table 13 Company Shares of Energy Boosting Soft Drinks (2nd Biggest HW Type in Global Soft Drinks): % Value 2019-2023

Table 14 Company Shares of Natural Soft Drinks (3rd Biggest HW Type in Global Soft Drinks): % Value 2019-2023

Table 15 Company Shares of Good Source of Vitamins Soft Drinks (4th Biggest HW Type in Global Soft Drinks): % Value 2019-2023

Table 16 Company Shares of Gluten Free Soft Drinks (5th Biggest HW Type in Global Soft Drinks): % Value 2019-2023

Table 17 Forecast Sales of Soft Drinks by Health and Wellness Type: Value 2023-2028

Table 18 Forecast Sales of Soft Drinks by Health and Wellness Type: % Value Growth 2023-2028

HW SNACKS IN SAUDI ARABIA

**KEY DATA FINDINGS** 

2023 DEVELOPMENTS

The natural claim leads sales as concerns surrounding artificial ingredients rise

No sugar gains ground as players focus on innovations that reduce and eliminate sugar

Demand for fortified and functional goods boosts growth for good source of omega 3s snacks

#### PROSPECTS AND OPPORTUNITIES

Plant-based snacks drive growth as more consumers migrate to a vegan diet

Chocolate players focus on dark and no sugar options to align with consumer demands

Energy boosting and high protein claims gain ground as physical activity rises

#### **CATEGORY DATA**

Table 19 Sales of Snacks by Health and Wellness Type: Value 2019-2023

Table 20 Sales of Snacks by Health and Wellness Type: % Value Growth 2019-2023

Table 21 Company Shares of Gluten Free Snacks (Biggest HW Type in Global Snacks): % Value 2019-2023

Table 22 Company Shares of Vegetarian Snacks (2nd Biggest HW Type in Global Snacks): % Value 2019-2023

Table 23 Company Shares of Organic Snacks (3rd Biggest HW Type in Global Snacks): % Value 2019-2023

Table 24 Company Shares of Vegan Snacks (4th Biggest HW Type in Global Snacks): % Value 2019-2023

Table 25 Company Shares of No Allergens Snacks (5th Biggest HW Type in Global Snacks): % Value 2019-2023

Table 26 Forecast Sales of Snacks by Health and Wellness Type: Value 2023-2028

Table 27 Forecast Sales of Snacks by Health and Wellness Type: % Value Growth 2023-2028

HW DAIRY PRODUCTS AND ALTERNATIVES IN SAUDI ARABIA

**KEY DATA FINDINGS** 

## 2023 DEVELOPMENTS

Good source of minerals leads as consumers reach for products fortified with added-benefits

Government initiatives support the rise in high protein, low fat dairy products and alternatives

Plant-based records growth aligning with consumers' rising health and ethical concerns

# PROSPECTS AND OPPORTUNITIES

Organic products record double-digit growth as consumers reach for healthier options

Low sugar and low fat record growth as innovations in these areas rise

Fortified and functional claims record positive growth as consumers reach for easy ways to support health

#### **CATEGORY DATA**

Table 28 Sales of Dairy Products and Alternatives by Health and Wellness Type: Value 2019-2023

Table 29 Sales of Dairy Products and Alternatives by Health and Wellness Type: % Value Growth 2019-2023

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Table 30 Company Shares of Organic Dairy Products and Alternatives (Biggest HW Type in Global Dairy Products and Alternatives): % Value 2019-2023

Table 31 Company Shares of Good Source of Minerals Dairy Products and Alternatives (2nd Biggest HW Type in Global Dairy Products and Alternatives): % V

Table 32 Company Shares of Gluten Free Dairy Products and Alternatives (3rd Biggest HW Type in Global Dairy Products and Alternatives): % Value 2019-20

Table 33 Company Shares of Lactose Free Dairy Products and Alternatives (4th Biggest HW Type in Global Dairy Products and Alternatives): % Value 2019-2

Table 34 Company Shares of Low Fat Dairy Products and Alternatives (5th Biggest HW Type in Global Dairy Products and Alternatives): % Value 2019-2023

Table 35 Forecast Sales of Dairy Products and Alternatives by Health and Wellness Type: Value 2023-2028

Table 36 Forecast Sales of Dairy Products and Alternatives by Health and Wellness Type: % Value Growth 2023-2028

HW COOKING INGREDIENTS AND MEALS IN SAUDI ARABIA

**KEY DATA FINDINGS** 

2023 DEVELOPMENTS

Natural is the leading claim as consumers look for products without artificial ingredients Plant-based records growth as more consumers migrate to vegan and vegetarian lifestyles No fat drives value growth as manufacturers align innovations with government initiatives PROSPECTS AND OPPORTUNITIES

Sales of low sugar products are driven by concerns surrounding obesity and diabetes
Organic gains ground as consumers look for natural products free from artificial ingredients
Keto and high protein drive sales, aligning with specific health and dietary goals
CATEGORY DATA

Table 37 Sales of Cooking Ingredients and Meals by Health and Wellness Type: Value 2019-2023

Table 38 Sales of Cooking Ingredients and Meals by Health and Wellness Type: % Value Growth 2019-2023

Table 39 Company Shares of Organic Cooking Ingredients and Meals (Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2023

Table 40 Company Shares of Gluten Free Cooking Ingredients and Meals (2nd Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2023

Table 41 Company Shares of Vegetarian Cooking Ingredients and Meals (3rd Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2023

Table 42 Company Shares of Vegan Cooking Ingredients and Meals (4th Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2023

Table 43 Company Shares of Natural Cooking Ingredients and Meals (5th Biggest HW Type in Global Cooking Ingredients and Meals): % Value 2019-2023

Table 44 Forecast Sales of Cooking Ingredients and Meals by Health and Wellness Type: Value 2023-2028

Table 45 Forecast Sales of Cooking Ingredients and Meals by Health and Wellness Type: % Value Growth 2023-2028 HW STAPLE FOODS IN SAUDI ARABIA

KEY DATA FINDINGS

2023 DEVELOPMENTS

Gluten free leads value sales as consumers look to support their gut health and wellbeing

Rising health awareness leads no sugar and no fat staple products to gain growth in 2023

Dairy free records strong growth as consumers migrate to vegan and plant-based diets

PROSPECTS AND OPPORTUNITIES

High fibre records double-digit growth as consumers appreciate gut health benefits Interest rises in the organic claim as consumers appreciate natural products

The high protein claim gains ground as government initiatives support health and fitness

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## **CATEGORY DATA**

Table 46 Sales of Staple Foods by Health and Wellness Type: Value 2019-2023

Table 47 Sales of Staple Foods by Health and Wellness Type: % Value Growth 2019-2023

Table 48 Company Shares of Gluten Free Staple Foods (Biggest HW Type in Global Staple Foods): % Value 2019-2023

Table 49 Company Shares of Organic Staple Foods (2nd Biggest HW Type in Global Staple Foods): % Value 2019-2023

Table 50 Company Shares of High Fibre Staple Foods (3rd Biggest HW Type in Global Staple Foods): % Value 2019-2023

Table 51 Company Shares of Vegetarian Staple Foods (4th Biggest HW Type in Global Staple Foods): % Value 2019-2023

Table 52 Company Shares of No Allergens Staple Foods (5th Biggest HW Type in Global Staple Foods): % Value 2019-2023

Table 53 Forecast Sales of Staple Foods by Health and Wellness Type: Value 2023-2028

Table 54 Forecast Sales of Staple Foods by Health and Wellness Type: % Value Growth 2023-2028



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