

## Global Sports Drink Market Report and Forecast 2024-2032

Market Report | 2024-06-20 | 166 pages | EMR Inc.

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#### Report description:

Global Sports Drink Market Report and Forecast 2024-2032 Market Outlook

According to the report by Expert Market Research (EMR), the global sports drink market size reached a value of USD 25.14 billion in 2023. Aided by the increasing emphasis on fitness and health, the market is projected to further grow at a CAGR of 4.3% between 2024 and 2032 to reach a value of USD 36.72 billion by 2032.

Sports drinks are formulated beverages designed to help athletes and fitness enthusiasts rehydrate, replenish electrolytes, and provide energy before, during, and after physical activity. These drinks typically contain water, carbohydrates, and electrolytes such as sodium and potassium, which are essential for maintaining fluid balance and preventing dehydration during intense physical exertion. Apart from their hydrating properties, sports drinks are also valued for their ability to enhance endurance, improve performance, and aid in post-exercise recovery.

The rising consumer awareness of the importance of hydration and nutrition in maintaining a healthy lifestyle is driving the sports drink market growth. With the increasing emphasis on fitness and wellness, there has been a significant shift towards active lifestyles and regular physical activity, leading to a surge in demand for sports drinks. Additionally, the growing participation in sports, both at the amateur and professional levels, is further contributing to the increasing popularity of sports drinks, as athletes seek effective hydration and energy solutions to optimize their performance.

The expanding applications of sports drinks in various sectors also play a significant role in propelling the sports drink market share. In the healthcare sector, sports drinks are used to manage hydration levels and electrolyte balance in patients undergoing medical treatments or recovering from illnesses. The beverage industry utilizes sports drinks for their refreshing and hydrating properties, making them a popular choice among consumers seeking healthier beverage options. Moreover, the increasing focus on developing innovative and functional sports drink formulations, such as low-calorie and sugar-free variants, is further driving the market growth.

The growing demand for convenience and on-the-go hydration solutions is another key factor driving the sports drink market expansion. With the fast-paced modern lifestyle, consumers are increasingly seeking convenient and ready-to-drink beverage options that can fit into their busy schedules. Sports drinks, with their portable packaging and easy availability, cater to this demand, making them a popular choice among consumers looking for quick and effective hydration solutions.

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The growing awareness of health and fitness is a significant driver of the market. With an increasing number of consumers adopting active lifestyles and engaging in regular physical activity, there is a heightened demand for effective hydration and energy solutions, subsequently propelling the demand for sports drinks. The rising participation in sports, both at amateur and professional levels, is driving the sports drink market growth. Athletes and fitness enthusiasts seek sports drinks to enhance endurance, improve performance, and aid in post-exercise recovery, thereby boosting the product demand.

As per the global sports drink market analysis, the fast-paced modern lifestyle is driving the demand for convenient and ready-to-drink beverage options. Sports drinks, with their portable packaging and easy availability, cater to this demand, making them a popular choice among consumers looking for quick and effective hydration solutions. The increasing focus on developing innovative and functional sports drink formulations is driving the market growth. The introduction of low-calorie, sugar-free, and organic variants caters to the diverse preferences of health-conscious consumers, further propelling the sports drink market. The global sports drink market is poised for significant growth in the coming years, driven by the rising demand for hydration and energy solutions from the health-conscious consumer base. The increasing participation in sports and physical activities, the growing emphasis on fitness and wellness, and the expanding applications of sports drinks in various sectors are propelling the market growth. The key market players are focusing on product innovation, strategic collaborations, and expanding distribution channels to cater to the growing demand. The Asia Pacific region is expected to dominate the market, followed by North America and Europe.

#### Market Segmentation

The market can be divided based on type, packaging, distribution channel and region.

Market Breakup by Type

- -□Hypotonic
- Hypertonic
- -∏Isotonic

Market Breakup by Packaging

- -□PET Bottles
- -∏Cans

Market Breakup by Distribution Channel

- -∏Online
- -□Offline

Market Breakup by Region

- North America
- -∏Europe
- -∏Asia Pacific
- -□Latin America
- Middle East and Africa

Competitive Landscape

The EMR report looks into the market shares, plant turnarounds, capacities, investments, and mergers and acquisitions, among other major developments, of the leading companies operating in the global sports drink market. Some of the major players explored in the report by Expert Market Research are as follows:

- -∏PepsiCo, Inc.
- The Coca-Cola Company
- -□BA Sports Nutrition, LLC
- -□GoodSport Nutrition, LLC
- -∏AJE Group
- -□BioSteel Sports Nutrition Inc.
- -□Suntory Beverage & Food Limited
- -□PacificHealth Labs

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- -∏Abbott Laboratories
- -[Others

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#### **Table of Contents:**

- 1 Preface
- 2 Report Coverage Key Segmentation and Scope
- 3 Report Description
  - 3.1 Market Definition and Outlook
  - 3.2 Properties and Applications
  - 3.3 Market Analysis
  - 3.4 Key Players
- 4 Key Assumptions
- 5 Executive Summary
  - 5.1 Overview
  - 5.2 Key Drivers
  - 5.3 Key Developments
  - 5.4 Competitive Structure
  - 5.5 Key Industrial Trends
- 6 Market Snapshot
  - 6.1 Global
  - 6.2 Regional
- 7 Opportunities and Challenges in the Market
- 8 Global Sports Drink Market Analysis
  - 8.1 Key Industry Highlights
  - 8.2 Global Sports Drink Market (2018-2023)
  - 8.3 Global Sports Drink Market Forecast (2024-2032)
  - 8.4 Global Sports Drink Market by Type
    - 8.4.1 Hypotonic
      - 8.4.1.1 Historical Trend (2018-2023)
      - 8.4.1.2 Forecast Trend (2024-2032)
    - 8.4.2 Hypertonic
      - 8.4.2.1 Historical Trend (2018-2023)
      - 8.4.2.2 Forecast Trend (2024-2032)
    - 8.4.3 Isotonic
      - 8.4.3.1 Historical Trend (2018-2023)
      - 8.4.3.2 Forecast Trend (2024-2032)

#### 8.5 Global Sports Drink Market by Packaging

- 8.5.1 PET Bottles
  - 8.5.1.1 Historical Trend (2018-2023)
  - 8.5.1.2 Forecast Trend (2024-2032)
- 8.5.2 Cans
  - 8.5.2.1 Historical Trend (2018-2023)
  - 8.5.2.2 Forecast Trend (2024-2032)
- 8.6 Global Sports Drink Market by Distribution Channel
  - 8.6.1 Online
    - 8.6.1.1 Historical Trend (2018-2023)
    - 8.6.1.2 Forecast Trend (2024-2032)
  - 8.6.2 Offline
    - 8.6.2.1 Historical Trend (2018-2023)
    - 8.6.2.2 Forecast Trend (2024-2032)
- 8.7 Global Sports Drink Market by Region
  - 8.7.1 North America
    - 8.7.1.1 Historical Trend (2018-2023)
    - 8.7.1.2 Forecast Trend (2024-2032)
  - 8.7.2 Europe
    - 8.7.2.1 Historical Trend (2018-2023)
    - 8.7.2.2 Forecast Trend (2024-2032)
  - 8.7.3 Asia Pacific
    - 8.7.3.1 Historical Trend (2018-2023)
    - 8.7.3.2 Forecast Trend (2024-2032)
  - 8.7.4 Latin America
    - 8.7.4.1 Historical Trend (2018-2023)
    - 8.7.4.2 Forecast Trend (2024-2032)
  - 8.7.5 Middle East and Africa
    - 8.7.5.1 Historical Trend (2018-2023)
    - 8.7.5.2 Forecast Trend (2024-2032)
- 9 North America Sports Drink Market Analysis
  - 9.1 United States of America
    - 9.1.1 Historical Trend (2018-2023)
    - 9.1.2 Forecast Trend (2024-2032)
  - 9.2 Canada
    - 9.2.1 Historical Trend (2018-2023)
    - 9.2.2 Forecast Trend (2024-2032)
- 10 Europe Sports Drink Market Analysis
  - 10.1 United Kingdom
    - 10.1.1 Historical Trend (2018-2023)
    - 10.1.2 Forecast Trend (2024-2032)
  - 10.2 Germany
    - 10.2.1 Historical Trend (2018-2023)
    - 10.2.2 Forecast Trend (2024-2032)
  - 10.3 France
    - 10.3.1 Historical Trend (2018-2023)
    - 10.3.2 Forecast Trend (2024-2032)

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- 10.4 Italy
  - 10.4.1 Historical Trend (2018-2023)
  - 10.4.2 Forecast Trend (2024-2032)
- 10.5 Others
- 11 Asia Pacific Sports Drink Market Analysis
  - 11.1 China
    - 11.1.1 Historical Trend (2018-2023)
    - 11.1.2 Forecast Trend (2024-2032)
  - 11.2 Japan
    - 11.2.1 Historical Trend (2018-2023)
    - 11.2.2 Forecast Trend (2024-2032)
  - 11.3 India
    - 11.3.1 Historical Trend (2018-2023)
    - 11.3.2 Forecast Trend (2024-2032)
  - 11.4 ASEAN
    - 11.4.1 Historical Trend (2018-2023)
    - 11.4.2 Forecast Trend (2024-2032)
  - 11.5 Australia
    - 11.5.1 Historical Trend (2018-2023)
    - 11.5.2 Forecast Trend (2024-2032)
  - 11.6 Others
- 12 Latin America Sports Drink Market Analysis
  - 12.1 Brazil
    - 12.1.1 Historical Trend (2018-2023)
    - 12.1.2 Forecast Trend (2024-2032)
  - 12.2 Argentina
    - 12.2.1 Historical Trend (2018-2023)
    - 12.2.2 Forecast Trend (2024-2032)
  - 12.3 Mexico
    - 12.3.1 Historical Trend (2018-2023)
    - 12.3.2 Forecast Trend (2024-2032)
  - 12.4 Others
- 13 Middle East and Africa Sports Drink Market Analysis
  - 13.1 Saudi Arabia
    - 13.1.1 Historical Trend (2018-2023)
    - 13.1.2 Forecast Trend (2024-2032)
  - 13.2 United Arab Emirates
    - 13.2.1 Historical Trend (2018-2023)
    - 13.2.2 Forecast Trend (2024-2032)
  - 13.3 Nigeria
    - 13.3.1 Historical Trend (2018-2023)
    - 13.3.2 Forecast Trend (2024-2032)
  - 13.4 South Africa
    - 13.4.1 Historical Trend (2018-2023)
    - 13.4.2 Forecast Trend (2024-2032)
  - 13.5 Others
- 14 Market Dynamics

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- 14.1 SWOT Analysis
  - 14.1.1 Strengths
  - 14.1.2 Weaknesses
  - 14.1.3 Opportunities
  - 14.1.4 Threats
- 14.2 Porter's Five Forces Analysis
  - 14.2.1 Supplier's Power
  - 14.2.2 Buyer's Power
  - 14.2.3 Threat of New Entrants
  - 14.2.4 Degree of Rivalry
  - 14.2.5 Threat of Substitutes
- 14.3 Key Indicators for Demand
- 14.4 Key Indicators for Price
- 15 Competitive Landscape
  - 15.1 Market Structure
  - 15.2 Company Profiles
    - 15.2.1 PepsiCo, Inc.
      - 15.2.1.1 Company Overview
      - 15.2.1.2 Product Portfolio
      - 15.2.1.3 Demographic Reach and Achievements
      - 15.2.1.4 Certifications
    - 15.2.2 The Coca-Cola Company
      - 15.2.2.1 Company Overview
      - 15.2.2.2 Product Portfolio
      - 15.2.2.3 Demographic Reach and Achievements
      - 15.2.2.4 Certifications
    - 15.2.3 BA Sports Nutrition, LLC
      - 15.2.3.1 Company Overview
      - 15.2.3.2 Product Portfolio
      - 15.2.3.3 Demographic Reach and Achievements
      - 15.2.3.4 Certifications
    - 15.2.4 GoodSport Nutrition, LLC
      - 15.2.4.1 Company Overview
      - 15.2.4.2 Product Portfolio
      - 15.2.4.3 Demographic Reach and Achievements
      - 15.2.4.4 Certifications
    - 15.2.5 AJE Group
      - 15.2.5.1 Company Overview
      - 15.2.5.2 Product Portfolio
      - 15.2.5.3 Demographic Reach and Achievements
      - 15.2.5.4 Certifications
    - 15.2.6 BioSteel Sports Nutrition Inc.
      - 15.2.6.1 Company Overview
      - 15.2.6.2 Product Portfolio
      - 15.2.6.3 Demographic Reach and Achievements
      - 15.2.6.4 Certifications
    - 15.2.7 Suntory Beverage & Food Limited

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- 15.2.7.1 Company Overview
- 15.2.7.2 Product Portfolio
- 15.2.7.3 Demographic Reach and Achievements
- 15.2.7.4 Certifications
- 15.2.8 PacificHealth Labs
  - 15.2.8.1 Company Overview
  - 15.2.8.2 Product Portfolio
  - 15.2.8.3 Demographic Reach and Achievements
  - 15.2.8.4 Certifications
- 15.2.9 Abbott Laboratories
  - 15.2.9.1 Company Overview
  - 15.2.9.2 Product Portfolio
  - 15.2.9.3 Demographic Reach and Achievements
  - 15.2.9.4 Certifications
- 15.2.10 Others
- 16 Key Trends and Developments in the Market

#### List of Key Figures and Tables

- Global Sports Drink Market: Key Industry Highlights, 2018 and 2032
- 2. Global Sports Drink Historical Market: Breakup by Type (USD Billion), 2018-2023
- 3. Global Sports Drink Market Forecast: Breakup by Type (USD Billion), 2024-2032
- 4. Global Sports Drink Historical Market: Breakup by Packaging (USD Billion), 2018-2023
- 5. Global Sports Drink Market Forecast: Breakup by Packaging (USD Billion), 2024-2032
- Global Sports Drink Historical Market: Breakup by Distribution Channel (USD Billion), 2018-2023
- 7. Global Sports Drink Market Forecast: Breakup by Distribution Channel (USD Billion), 2024-2032
- 8. Global Sports Drink Historical Market: Breakup by Region (USD Billion), 2018-2023
- 9. Global Sports Drink Market Forecast: Breakup by Region (USD Billion), 2024-2032
- 10. North America Sports Drink Historical Market: Breakup by Country (USD Billion), 2018-2023
- 11. North America Sports Drink Market Forecast: Breakup by Country (USD Billion), 2024-2032
- 12. Europe Sports Drink Historical Market: Breakup by Country (USD Billion), 2018-2023
- 13. Europe Sports Drink Market Forecast: Breakup by Country (USD Billion), 2024-2032
- 14. Asia Pacific Sports Drink Historical Market: Breakup by Country (USD Billion), 2018-2023
- 15. Asia Pacific Sports Drink Market Forecast: Breakup by Country (USD Billion), 2024-2032
- 16. Latin America Sports Drink Historical Market: Breakup by Country (USD Billion), 2018-2023
- 17. Latin America Sports Drink Market Forecast: Breakup by Country (USD Billion), 2024-2032
- 18. Middle East and Africa Sports Drink Historical Market: Breakup by Country (USD Billion), 2018-2023
  19. Middle East and Africa Sports Drink Market Forecast: Breakup by Country (USD Billion), 2024-2032
- 20. Global Sports Drink Market Structure



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