

## **Europe Sesame Seed Market Report and Forecast 2023-2028**

Market Report | 2023-10-16 | 183 pages | EMR Inc.

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### **Report description:**

Europe Sesame Seed Market Report and Forecast 2023-2028

#### Market Outlook

According to the report by Expert Market Research (EMR), the Europe sesame seed market is projected to grow at a CAGR of 5.00% between 2023 and 2028. Aided by the escalating demand for healthy food products and the burgeoning applications of sesame seeds in a variety of sectors, the market is expected to grow significantly by 2028.

Sesame seeds are tiny, oil-rich seeds that grow in the pods of the *Sesamum indicum* plant. They are commonly used as a food ingredient in numerous products, including bread, cereals, snacks, and seasoning for salads and stir-fry dishes. They are also used in the production of tahini, a primary ingredient in hummus, and sesame oil, widely used in Asian cuisine. In addition to their culinary uses, sesame seeds are recognised for their numerous health benefits such as aiding in digestion, enhancing skin health, reducing inflammation, and contributing to bone health.

The rising consumer preference for healthy food ingredients is a major factor driving the Europe sesame seed market growth. As consumers become more aware of the health benefits associated with the consumption of seeds and nuts, including sesame seeds, there has been a notable shift towards diets incorporating these healthful ingredients. This has resulted in an upsurge in demand for sesame seed-based products. Furthermore, the rising trend of clean eating and natural food products has further boosted the popularity of sesame seeds, given their all-natural origin and high nutritional value.

The growing applications of sesame seeds across different industries also contribute significantly to the Europe sesame seed market development. In the food industry, sesame seeds are widely used in baking and cooking for their distinctive nutty flavour and crunchy texture. The cosmetic industry utilises sesame oil for its moisturising and antioxidant properties, making it a vital ingredient in skincare and haircare products. Additionally, sesame seeds, being a rich source of plant-based protein and fibre, are becoming increasingly popular in the formulation of health and wellness products.

Moreover, the escalating demand for plant-based and vegan food products in the food and beverage industry has led to an increased focus on sesame seeds as a versatile ingredient. With the growth of vegetarianism, veganism, and flexitarianism, along with the rising popularity of plant-based diets, sesame seeds have emerged as a significant component in the formulation of a myriad of vegan and plant-based foods. This includes products like vegan protein bars, dairy-free spreads, and plant-based bakery goods, thereby further fuelling the Europe sesame seed market expansion.

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## Market Segmentation

The market can be divided based on source and country.

### Market Breakup by Source

- Organic
- Conventional

### Market Breakup by Country

- Germany
- United Kingdom
- France
- Italy
- Others

## Competitive Landscape

The EMR report looks into the market shares, plant turnarounds, capacities, investments, and acquisitions and mergers, among other major developments, of the Europe sesame seed companies. Some of the major key players explored in the report by Expert Market Research are as follows:

- Haitoglou Bros S.A.
- Dipasa Europe B.V.
- Olam Agri Holdings Pte Ltd
- H.A. & Gustav Kuchler
- KT Foods Europe BV
- Others

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\*We at Expert Market Research always strive to provide you with the latest information. The numbers in the article are only indicative and may be different from the actual report.

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