

Weight Management and Wellbeing in South Africa

Market Direction | 2023-10-20 | 22 pages | Euromonitor

AVAILABLE LICENSES:

- Single User Licence €825.00
- Multiple User License (1 Site) €1650.00
- Multiple User License (Global) €2475.00

Report description:

Despite the tough economic conditions in South Africa in 2023, consumers remain dedicated to their health and wellbeing. As such, they are still prioritising activities such as going to the gym, outdoor sports and taking a walk after work, with even those with busy working schedules seeing such activity as a priority. One notable trend amongst consumers who are health conscious is to supplement their exercise regimes with weight management and wellbeing products. This is very common as those ind...

Euromonitor International's Weight Management and Wellbeing in South Africa report offers a comprehensive guide to the size and shape of the market at a national level. It provides the latest retail sales data 2018-2022, allowing you to identify the sectors driving growth. Forecasts to 2027 illustrate how the market is set to change.

Product coverage: Meal Replacement, OTC Obesity, Slimming Teas, Supplement Nutrition Drinks, Weight Loss Supplements.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

- * Get a detailed picture of the Weight Management and Wellbeing market;
- * Pinpoint growth sectors and identify factors driving change;
- * Understand the competitive environment, the market's major players and leading brands;
- * Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

Table of Contents:

Scotts International. EU Vat number: PL 6772247784 tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com

Weight Management and Wellbeing in South Africa Euromonitor International October 2023

List Of Contents And Tables

WEIGHT MANAGEMENT AND WELLBEING IN SOUTH AFRICA

KEY DATA FINDINGS

2023 DEVELOPMENTS

The health and wellness trend remains strong despite economic constraints as consumers focus on their physical appearance

Weight concerns grow in importance in the country due to rising obesity rates

Consumers seek natural ingredients when on a weight management plan

PROSPECTS AND OPPORTUNITIES

The ongoing economic environment hinders growth of weight management and wellbeing

High income earners take an alternative route to weight loss management

Economic constraints enable home remedies to gather momentum at the expense of weight management and wellbeing products over the forecast period

CATEGORY DATA

Table 1 Sales of Weight Management and Wellbeing by Category: Value 2018-2023

Table 2 Sales of Weight Management and Wellbeing by Category: % Value Growth 2018-2023

Table 3 NBO Company Shares of Weight Management and Wellbeing: % Value 2019-2023

Table 4 LBN Brand Shares of Weight Management and Wellbeing: % Value 2020-2023

Table 5 Forecast Sales of Weight Management and Wellbeing by Category: Value 2023-2028

Table 6 Forecast Sales of Weight Management and Wellbeing by Category: % Value Growth 2023-2028

CONSUMER HEALTH IN SOUTH AFRICA

EXECUTIVE SUMMARY

Consumer health in 2023: The big picture

2023 key trends

Competitive landscape

Retailing developments

What next for consumer health?

MARKET INDICATORS

Table 7 Consumer Expenditure on Health Goods and Medical Services: Value 2018-2023

Table 8 Life Expectancy at Birth 2018-2023

MARKET DATA

Table 9 Sales of Consumer Health by Category: Value 2018-2023

Table 10 Sales of Consumer Health by Category: % Value Growth 2018-2023

Table 11 NBO Company Shares of Consumer Health: % Value 2019-2023

Table 12 LBN Brand Shares of Consumer Health: % Value 2020-2023

Table 13 Distribution of Consumer Health by Format: % Value 2018-2023

Table 14 Distribution of Consumer Health by Format and Category: % Value 2023

Table 15 Forecast Sales of Consumer Health by Category: Value 2023-2028

Table 16 ∏Forecast Sales of Consumer Health by Category: % Value Growth 2023-2028

APPENDIX

OTC registration and classification

Vitamins and dietary supplements registration and classification

Self-medication/self-care and preventive medicine

Scotts International, EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Switches
DISCLAIMER
DEFINITIONS
SOURCES
Summary 1 Research Sources

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com



☐ - Print this form

To place an Order with Scotts International:

Complete the relevant blank fields and sign

Weight Management and Wellbeing in South Africa

Market Direction | 2023-10-20 | 22 pages | Euromonitor

RDER FORM:						
elect license	License					Price
	Single User Li	cence				€825.00
		Multiple User License (1 Site)				
	Multiple User	Multiple User License (Global)				
					VAT	
					Total	
** VAT will be added			olease contact support@ lividuals and EU based			
** VAT will be added						
** VAT will be added mail*			lividuals and EU based			
** VAT will be added mail* irst Name*			lividuals and EU based Phone*			
** VAT will be added mail* irst Name* ob title*			lividuals and EU based Phone*	companies who are		
			Phone* Last Name*	companies who are		
** VAT will be added mail* irst Name* bb title* company Name*			Phone* Last Name* EU Vat / Tax ID	companies who are		
* VAT will be added mail* rst Name* b title* ompany Name* ddress*			Phone* Last Name* EU Vat / Tax ID City*	companies who are		

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com www.scotts-international.com