

Fitness and Recreational Sports Centers Market: Global Industry Trends, Share, Size, Growth, Opportunity and Forecast 2023-2028

Market Report | 2023-10-15 | 150 pages | IMARC Group

AVAILABLE LICENSES:

- Electronic (PDF) Single User \$2499.00
- Five User Licence \$3499.00
- Enterprisewide License \$4499.00

Report description:

Market Overview:

The global fitness and recreational sports centers market size reached US\$ 113.0 Billion in 2022. Looking forward, IMARC Group expects the market to reach US\$ 153.0 Billion by 2028, exhibiting a growth rate (CAGR) of 4.9% during 2023-2028.

Fitness and recreational sports centers offer opportunities for physical and recreational activities in a safe and inclusive environment. They comprise spas, saunas, steam baths, swimming pools, tennis courts, playground equipment, and exercise, entertainment, or athletic facilities. They reduce reliance on healthcare and other costly social services by providing local facilities to individuals for enhancing personal health and wellness. They provide a convenient way to decrease the risk of various diseases and improve physical and mental health. In addition, they assist in building strong social bonds and improving social interaction, volunteerism, and civic pride in communities by providing natural spaces, arenas, and playing fields.

Fitness and Recreational Sports Centers Market Trends:

At present, there is a rise in the prevalence of obesity among the masses due to sedentary lifestyles and the consumption of high-calorie and -fat food products. This, along with the growing awareness about the benefits of fitness and recreational sports, represents one of the key factors driving the market. Besides this, governments of several countries are undertaking initiatives to promote personalized training programs for developing a healthy body and mind, which is contributing to the growth of the market. In addition, the increasing trend of recreational sports centers, such as aerobics, swimming, and gym, across the globe is offering lucrative growth opportunities to industry investors. Moreover, the rising incidence of osteoporosis due to diminished bone density and early bone loss is propelling the growth of the market. Apart from this, key market players are extensively investing in research and development (R&D) activities to introduce advanced devices that assist in losing weight and improving bone health and muscle mass. Additionally, regular exercise increases energy and stamina and reduces the risk of chronic diseases, which is bolstering the growth of the market.

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Key Market Segmentation:

IMARC Group provides an analysis of the key trends in each sub-segment of the global fitness and recreational sports centers market report, along with forecasts at the global, regional and country level from 2023-2028. Our report has categorized the market based on type, age group and end user.

Breakup by Type:

- Gymnasiums
- Yoga
- Aerobic Dance
- Handball Sports
- Racquet Sports
- Skating
- Swimming
- Others

Breakup by Age Group:

- 35 and Younger
- 35-54
- 55 and Older

Breakup by End User:

- Men
- Women

Breakup by Region:

- North America
- United States
- Canada
- Asia-Pacific
- China
- Japan
- India
- South Korea
- Australia
- Indonesia
- Others
- Europe
- Germany
- France
- United Kingdom
- Italy
- Spain

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Russia
Others
Latin America
Brazil
Mexico
Others
Middle East and Africa

Competitive Landscape:

The competitive landscape of the industry has also been examined along with the profiles of the key players being 24 Hour Fitness USA LLC., CrossFit LLC., Curves International, David Lloyd Leisure, Fitness First, Konami Group Corporation, Life Time Inc., SUNY Cortland Recreational Sports, The Gym Group plc and Virgin Active (Virgin Group Ltd.).

Key Questions Answered in This Report

1. What was the size of the global fitness and recreational sports centers market in 2022?
2. What is the expected growth rate of the global fitness and recreational sports centers market during 2023-2028?
3. What are the key factors driving the global fitness and recreational sports centers market?
4. What has been the impact of COVID-19 on the global fitness and recreational sports centers market?
5. What is the breakup of the global fitness and recreational sports centers market based on the type?
6. What is the breakup of the global fitness and recreational sports centers market based on the age group?
7. What are the key regions in the global fitness and recreational sports centers market?
8. Who are the key players/companies in the global fitness and recreational sports centers market?

Table of Contents:

- 1 Preface
- 2 Scope and Methodology
 - 2.1 Objectives of the Study
 - 2.2 Stakeholders
 - 2.3 Data Sources
 - 2.3.1 Primary Sources
 - 2.3.2 Secondary Sources
 - 2.4 Market Estimation
 - 2.4.1 Bottom-Up Approach
 - 2.4.2 Top-Down Approach
 - 2.5 Forecasting Methodology
- 3 Executive Summary
- 4 Introduction
 - 4.1 Overview
 - 4.2 Key Industry Trends
- 5 Global Fitness and Recreational Sports Centers Market
 - 5.1 Market Overview
 - 5.2 Market Performance
 - 5.3 Impact of COVID-19
 - 5.4 Market Forecast
- 6 Market Breakup by Type
 - 6.1 Gymnasiums
 - 6.1.1 Market Trends

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

- 6.1.2 Market Forecast
- 6.2Yoga
 - 6.2.1 Market Trends
 - 6.2.2 Market Forecast
- 6.3Aerobic Dance
 - 6.3.1 Market Trends
 - 6.3.2 Market Forecast
- 6.4Handball Sports
 - 6.4.1 Market Trends
 - 6.4.2 Market Forecast
- 6.5Racquet Sports
 - 6.5.1 Market Trends
 - 6.5.2 Market Forecast
- 6.6Skating
 - 6.6.1 Market Trends
 - 6.6.2 Market Forecast
- 6.7Swimming
 - 6.7.1 Market Trends
 - 6.7.2 Market Forecast
- 6.8Others
 - 6.8.1 Market Trends
 - 6.8.2 Market Forecast
- 7 Market Breakup by Age Group
 - 7.135 and Younger
 - 7.1.1 Market Trends
 - 7.1.2 Market Forecast
 - 7.235-54
 - 7.2.1 Market Trends
 - 7.2.2 Market Forecast
 - 7.355 and Older
 - 7.3.1 Market Trends
 - 7.3.2 Market Forecast
- 8 Market Breakup by End User
 - 8.1Men
 - 8.1.1 Market Trends
 - 8.1.2 Market Forecast
 - 8.2Women
 - 8.2.1 Market Trends
 - 8.2.2 Market Forecast
- 9 Market Breakup by Region
 - 9.1North America
 - 9.1.1 United States
 - 9.1.1.1 Market Trends
 - 9.1.1.2 Market Forecast
 - 9.1.2 Canada
 - 9.1.2.1 Market Trends
 - 9.1.2.2 Market Forecast

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

- 9.2Asia-Pacific
 - 9.2.1 China
 - 9.2.1.1 Market Trends
 - 9.2.1.2 Market Forecast
 - 9.2.2 Japan
 - 9.2.2.1 Market Trends
 - 9.2.2.2 Market Forecast
 - 9.2.3 India
 - 9.2.3.1 Market Trends
 - 9.2.3.2 Market Forecast
 - 9.2.4 South Korea
 - 9.2.4.1 Market Trends
 - 9.2.4.2 Market Forecast
 - 9.2.5 Australia
 - 9.2.5.1 Market Trends
 - 9.2.5.2 Market Forecast
 - 9.2.6 Indonesia
 - 9.2.6.1 Market Trends
 - 9.2.6.2 Market Forecast
 - 9.2.7 Others
 - 9.2.7.1 Market Trends
 - 9.2.7.2 Market Forecast
- 9.3Europe
 - 9.3.1 Germany
 - 9.3.1.1 Market Trends
 - 9.3.1.2 Market Forecast
 - 9.3.2 France
 - 9.3.2.1 Market Trends
 - 9.3.2.2 Market Forecast
 - 9.3.3 United Kingdom
 - 9.3.3.1 Market Trends
 - 9.3.3.2 Market Forecast
 - 9.3.4 Italy
 - 9.3.4.1 Market Trends
 - 9.3.4.2 Market Forecast
 - 9.3.5 Spain
 - 9.3.5.1 Market Trends
 - 9.3.5.2 Market Forecast
 - 9.3.6 Russia
 - 9.3.6.1 Market Trends
 - 9.3.6.2 Market Forecast
 - 9.3.7 Others
 - 9.3.7.1 Market Trends
 - 9.3.7.2 Market Forecast
- 9.4Latin America
 - 9.4.1 Brazil
 - 9.4.1.1 Market Trends

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

- 9.4.1.2 Market Forecast
- 9.4.2 Mexico
 - 9.4.2.1 Market Trends
 - 9.4.2.2 Market Forecast
- 9.4.3 Others
 - 9.4.3.1 Market Trends
 - 9.4.3.2 Market Forecast
- 9.5 Middle East and Africa
 - 9.5.1 Market Trends
 - 9.5.2 Market Breakup by Country
 - 9.5.3 Market Forecast
- 10 SWOT Analysis
 - 10.1 Overview
 - 10.2 Strengths
 - 10.3 Weaknesses
 - 10.4 Opportunities
 - 10.5 Threats
- 11 Value Chain Analysis
- 12 Porters Five Forces Analysis
 - 12.1 Overview
 - 12.2 Bargaining Power of Buyers
 - 12.3 Bargaining Power of Suppliers
 - 12.4 Degree of Competition
 - 12.5 Threat of New Entrants
 - 12.6 Threat of Substitutes
- 13 Price Analysis
- 14 Competitive Landscape
 - 14.1 Market Structure
 - 14.2 Key Players
 - 14.3 Profiles of Key Players
 - 14.3.1 24 Hour Fitness USA LLC.
 - 14.3.1.1 Company Overview
 - 14.3.1.2 Product Portfolio
 - 14.3.2 CrossFit LLC.
 - 14.3.2.1 Company Overview
 - 14.3.2.2 Product Portfolio
 - 14.3.3 Curves International
 - 14.3.3.1 Company Overview
 - 14.3.3.2 Product Portfolio
 - 14.3.4 David Lloyd Leisure
 - 14.3.4.1 Company Overview
 - 14.3.4.2 Product Portfolio
 - 14.3.5 Fitness First
 - 14.3.5.1 Company Overview
 - 14.3.5.2 Product Portfolio
 - 14.3.6 Konami Group Corporation
 - 14.3.6.1 Company Overview

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

- 14.3.6.2 Product Portfolio
- 14.3.6.3 Financials
- 14.3.6.4 SWOT Analysis
- 14.3.7Life Time, Inc.
 - 14.3.7.1 Company Overview
 - 14.3.7.2 Product Portfolio
- 14.3.8SUNY Cortland Recreational Sports
 - 14.3.8.1 Company Overview
 - 14.3.8.2 Product Portfolio
- 14.3.9The Gym Group plc
 - 14.3.9.1 Company Overview
 - 14.3.9.2 Product Portfolio
- 14.3.10Virgin Active (Virgin Group Ltd.)
 - 14.3.10.1 Company Overview
 - 14.3.10.2 Product Portfolio

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com

Fitness and Recreational Sports Centers Market: Global Industry Trends, Share, Size, Growth, Opportunity and Forecast 2023-2028

Market Report | 2023-10-15 | 150 pages | IMARC Group

To place an Order with Scotts International:

- ☐ - Print this form
- ☐ - Complete the relevant blank fields and sign
- ☐ - Send as a scanned email to support@scotts-international.com

ORDER FORM:

Select license	License	Price
	Electronic (PDF) Single User	\$2499.00
	Five User Licence	\$3499.00
	Enterprisewide License	\$4499.00
		VAT
		Total

*Please circle the relevant license option. For any questions please contact support@scotts-international.com or 0048 603 394 346.

☐ ** VAT will be added at 23% for Polish based companies, individuals and EU based companies who are unable to provide a valid EU Vat Numbers.

Email*	<input type="text"/>	Phone*	<input type="text"/>
First Name*	<input type="text"/>	Last Name*	<input type="text"/>
Job title*	<input type="text"/>		
Company Name*	<input type="text"/>	EU Vat / Tax ID / NIP number*	<input type="text"/>
Address*	<input type="text"/>	City*	<input type="text"/>
Zip Code*	<input type="text"/>	Country*	<input type="text"/>
		Date	<input type="text" value="2025-05-09"/>
		Signature	

Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com

www.scotts-international.com



Scotts International. EU Vat number: PL 6772247784

tel. 0048 603 394 346 e-mail: support@scotts-international.com
www.scotts-international.com