

## **Consumer Values and Behaviour in Japan**

Market Direction | 2022-06-16 | 59 pages | Euromonitor

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### **Report description:**

This report visually explores everyday habits and behaviours that reflect consumers' beliefs and values, linking behavioural trends with purchase and consumption habits in Japan.

Euromonitor's Consumer Values and Behaviour in Japan report analyses factors influencing national consumer expenditure. Consumer lifestyles reports include coverage of: population, urban development, home ownership, household profiles, labour, income, consumer and family expenditure, health, education, eating habits, drinking habits, shopping habits, personal grooming, clothing, leisure habits, savings and investments, media, communication, transport and travel and tourism. Use this report to understand the factors influencing a nation's lifestyle choices.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

- \* Get a detailed picture of the Consumer Values market;
- \* Pinpoint growth sectors and identify factors driving change;
- \* Understand the competitive environment, the market's major players and leading brands;
- \* Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

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Scope

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Consumer values and behaviour in Japan  
Consumers prefer unique and tailored products to trying new ones  
Gen Z most interested in uniquely tailored products/services  
Younger generations would rather spend than save  
Japanese have more pessimistic view of their future than their global counterparts  
Japanese consumers feel less positive about their financial future  
Younger generations more enthusiastic about their future  
Expectations of greater community engagement lower than global average  
Global consumers more concerned about the impact of climate change  
Gen Z more willing to engage with their community in future  
Japanese consumers less active in home-based activities than their global counterparts  
Air quality an important consideration for Japanese households  
Access to public transport more important to Japanese than the global average  
Takeaway or pick-up food more popular than home delivery  
Lack of cooking skills biggest barrier to cooking at home  
Younger cohorts find lack of time biggest hindrance to cooking  
Looking for healthy ingredients in food and beverages much lower than global average  
Having a job that offers a strong work-life balance most important consideration  
Having job security stands out over earning a high salary  
Strict boundaries between work and personal life are blurring  
Socialising online most regular activity, but day trips also popular  
Consumers continue to enjoy shopping as a leisure activity  
Shopping by far the most frequent leisure activity for all generations  
Group fitness classes and team sports not as popular as individual exercise  
Nearly 60% of Baby Boomers walk for exercise every week  
Younger cohorts more inclined to use sleep aids to reduce stress than older generations  
Japanese consumers have most trust in "recyclable" labels  
Recycling efforts low compared to global average  
Using sustainable packaging is more important to older generations  
Consumers less likely to share their views, but buy based on their values  
Consumers tend to shop at stores where they have a loyalty card/membership  
Gen Z like shopping malls but are less focused on premium products  
Japanese consumers are willing to shop for "vintage" items but far less than global average  
Gen Z more likely to pick their travel destinations based on shopping opportunities  
Consumers more comfortable purchasing ready-made food in person  
Gen Z prefer to shop in store for their beauty and personal care products  
Japanese consumers plan on cutting back spending on experiences  
Gen Z more focused on increasing spending on holidays, experiences and technology  
Gen Z more focused on increasing their savings over the next 12 months  
Consumers are concerned about online privacy and do not freely share personal information  
Gen Z more actively engaged online than other generations  
Japanese consumers have low levels of online engagement  
Younger cohorts are far more engaged online than older generations  
Consumers adept at making in-store mobile payments  
Millennials and Gen Z well ahead in regularly accessing services on their mobile device

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